

Kunsill Malti għall-iSport (KMS) together with the Malta Cycling Federation (MCF):
BIKE RIDE: Sunday, 1st August 2010
in memory of Clifford James Micallef (first Anniversary)

Bike Ride being organised in memory of Clifford James Micallef (first Anniversary).



**Clifford James Micallef
1964-2009**

Cliff Micallef, 45 of Swieqi, was an experienced cyclist who was responsible for tackling mechanical problems encountered by the LifeCycle team. Tragically on the 30th July 2009, Cliff, a father of three, died on the spot when he was hit by a car on the coast road. He had been training for the LifeCycle Challenge 'Istanbul to Damascus' to raise funds for the Renal Unit at Mater Dei Hospital.

The cycling fraternity along with Cliff's wife Shirley, his three Children and all his family, friends and the Life Cycle Team will be coming together in his memory on Sunday, 1st August 2010. A bike ride is being organised in memory of Clifford James Micallef on the first anniversary of his demise (1964-2009) by the Kunsill Malti għall-iSport (KMS) in collaboration with the Malta Cycling Federation (MCF).

Cliff's memorial bike ride will start at 9.30am and will start from and finish at Ex Parade Ground, 'Pembroke' (Luxol Car Park). The route will take riders along regional road towards Msida. From Msida the route will head towards Rue D'Argens (near Msida Police Station) turning towards Paul & Rocco Petrol Station to reach the Gzira seafront. Riders will then head towards Sliema and follow the coast (Tower Road) up to St. Julians, Paceville (near bus terminus) and return to Pembroke (Luxol Car Park). Pick up points will also be set up along the way for younger and less experienced riders and these include: 9.45am Msida (Police Station area), 10.15am St Julians (Police Station area) and 10.30am Paceville (Bus Terminus before roundabout area). The bike ride should finish around 10.45am.

Full safety measures will be taken during this bike ride. All cyclists are required to wear a helmet and stay with the group; apart from a lead car there are also back up teams, traffic police and an

ambulance on standby following the group. The general public are also invited to participate; those interested in participating are either to get their own bike and helmet or can make use of a limited amount of bikes and helmets made available by the KMS against no payment (kindly book in advance). Water will also be distributed free of charge. Registration takes place at 9am. For further information, contact Kunsill Malti għall-iSport (KMS) on tel. 21660658 or send an e-mail to communications@sportmalta.org.mt. For more information visit www.sportmalta.org.mt or www.lets gocycling.org

